

# DEFEAT EVIL PLAQUE

Plaque is an evil supervillain that lives on your teeth. If you don't brush and floss daily, Plaque will leave a slimy film on your teeth and take over your mouth!



## YOU'RE THE ONLY ONE WHO CAN!

It's your job to win the fight against plaque!

### 2 MINUTES TO WIN!



### YOUR SUPERPOWERS:



+



### Brush every tooth, every time!

Forgetting to brush a tooth is part of plaque's evil plan!



1

2

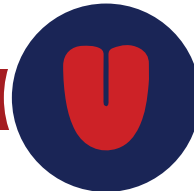


### Brush all tooth surfaces!

Brush in a circle! Use short, round strokes for the front and back of teeth. Sweep it up! Use short, sweeping strokes for the chewing surface.

### Don't forget the rest of your mouth!

Brush the roof of your mouth! Next, brush your tongue.



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### The fight's not over until you floss!

Gently place floss in between teeth and glide against each side of every tooth!

### You won! Awesome job!



5



Parents, scan this QR code and pick out one of these 2 minute videos with your child. When they're watching a video, they'll be done brushing before they know it.

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